# Unraveling the Mystery of People: Building communication and teamwork for success SIGRED SOLUTIONS

#### **Workshop Overview**

How we are "hard-wired" has an impact on what we like, want and need from our social interactions – both inside and outside the workplace.

Wiring tells us about our preferred idea flow, how we communicate, our level of patience and how we process information.

By understanding our natural wiring and that of those around us, we can better communicate and develop high performing teams.

During this highly collaborative and interactive workshop, you will explore your hard-wiring through the AcuMax Survey and will understand how you can better adapt to the wiring of those around you to become a stronger leader.

## **Results and Output**

At the end of the day, participants will have received:

- Their individual AcuMax Survey results
- An understanding of how their "hardwiring" impacts their relationships and communication with their teams
- Tips and tricks for effectively communicating with people with different profiles
- An action plan for the next 30 to 90 days

## **Approach**

This workshop has been created to work well either in person or virtually.

Ideally, this is a 4-hour workshop, but can be shortened to 2 hours.

The workshop leverages the AcuMax Index Survey. All participants will be given a link to take the survey prior to the workshop and will receive their results.

Using their own individual AcuMax survey results, participants will be guided through their hard-wiring and how it impacts communication with their employees

- Autonomy
- Communication
- Patience
- Certainty

## About the presenter: Kristi Stepp



Kristi Stepp is a partner with Sigred Solutions, a management recruiting and leadership advisory firm. She has over 30

years of human resources experience in the automotive, healthcare, food/beverage and workforce solutions industries.

Before joining Sigred Solutions, Kristi served in strategic human resource roles at several leading global organizations including General Motors, Kelly Services, Pepsi-Cola and Volkswagen.